



Recognising Deterioration

Early Warning Tool

S *Seems different to usual*
No matter how small the change, think: 'Stop & Watch'



W *Weight change*
Losing weight without trying



T *Talks or communicates less*



A *Ate less*
Lack of appetite



A *Agitated or more nervous than usual*



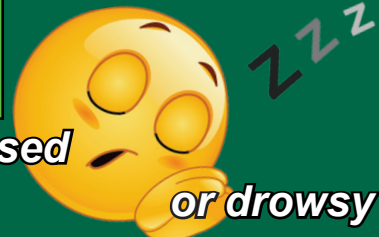
O *Overall*
needs more help



N *No bowel movement in 3 days or diarrhoea*



T *Tired weak, confused or drowsy*



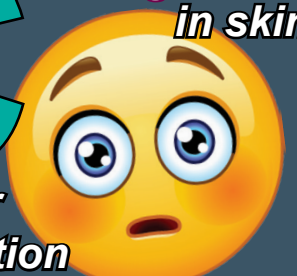
P *Pain (new or worsening)*
Participating less in activities



D *Drank less*
Monitor using a hydration chart



C *Change in skin colour or condition*



Everyone can spot the signs

If you notice an important change make sure you talk to the right person about this without delay. This could be your manager, healthcare professional, the family, or the out of hours health service.

H *Help with walking, transferring or going to the toilet more than usual*

