

## 7 Minute Briefing **Complex Adult Risk Management (CARM)**

### 1. What is a CARM?

CARM is an abbreviation for Complex Adult Risk Management. CARM is a simple acronym to describe the framework here.

The CARM framework is an approach that brings together professionals from health, social care, the police, housing and other agencies/organisations. This also includes the adult, family members and friends who have a legitimate relationship with the adult. This framework will be useful to professionals working with Adults who are experiencing a high level of risk from events and circumstances that result in risk of harm to them.

### 2. Are there other more proportionate multi-agency responses to risk?

Yes, it is important that other approaches and frameworks are also considered, that support the adult and that information sharing is person centred and has a focus on risk management, for example, Care Reviews, Multi-Agency Public Protection Arrangements etc.

### 3. Policies

CARM policies & procedures can be found at  
<https://www.southtynesidesafeguardingapp.co.uk/category/complex-adult-risk-management-carm-process/>

### 4. Is a CARM meeting only for adults who have capacity to make decisions about the risks?

Yes, understanding a person's capacity to make a decision is a vital element in planning with the adult

### 5. Who should be the Lead Agency?

The lead agency is the agency referring into CARM. During the meeting the lead agency may change; this needs to be clearly recorded. This agency/organisation then becomes the lead agency for any future CARM meetings.

### 6. Does the CARM framework replace existing safeguarding policies and procedures?

No - the CARM Framework is for concerns that sit **outside** of the Care Act 2014 Section 42 enquiry decision.

The CARM is a framework that sits within the Multi-Agency Adult Safeguarding Procedures and should only be applied if the CARM criteria is met.

### 7. Do you need consent from the adult?

The adult and their representatives should be invited to the meeting, where possible. This needs to be demonstrated clearly and any decision not to seek consent, or to override the adult's consent should have a lawful basis and should be clearly recorded.